

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Private Training (must schedule)	Private Training (must schedule)	Private Training (must schedule)	Private Training (must schedule)	Private Training (must schedule)	Private Training (must schedule)	No Sunday Morning Classes
	* ACS Striking Beginner 9:00 AM - 10:00 AM		* ACS Striking Beginner 9:00 AM - 10:00 AM			
* ACS Grappling (No Gi) 10:00 AM - 11:30 AM	* ACS Striking Advanced 10:00 AM - 11:00 AM	* ACS Grappling (No Gi) 10:00 AM - 11:30 AM	* ACS Striking Advanced 10:00 AM - 11:00 AM	ACS Grappling (No Gi) 10:00 AM - 11:30 AM	United BJJ Competition Adult Class (White & Black Gi Only) 11:00 AM - 12:30 PM	
* United BJJ (No Gi) 12:00 PM - 1:00 PM	* United BJJ (White Gi Only) 12:00 PM - 1:00 PM	* United BJJ (No Gi) 12:00 PM - 1:00 PM	* United BJJ (White Gi Only) 12:00 PM - 1:00 PM	United BJJ (No Gi) 12:00 PM - 1:00 PM		ACS Sparring Comp Training 3:00 PM - 5:00 PM
Kids Striking Class 5:00 PM - 5:30 PM	Kids Striking Class 5:00 PM - 5:30 PM	Kids Striking Class 5:00 PM - 5:30 PM	Kids Striking Class 5:00 PM - 5:30 PM		No Saturday Evening Classes	TXO Toke & Choke (Open Mat - Adults Only) 6:00 PM - 8:00 PM
Little Desperados (Kids & Women's Class) Ages 4 & Up 5:30 PM - 6:30 PM	Little Desperados (Kids & Women's Class) Ages 4 & Up 5:30 PM - 6:30 PM	Little Desperados (Kids & Women's Class) Ages 4 & Up 5:30 PM - 6:30 PM	Little Desperados (Kids & Women's Class) Ages 4 & Up 5:30 PM - 6:30 PM	ACS MMA Comp Training 6:00 PM - 7:30 PM		
TXO Chingasos Class (Striking Class) 6:30 PM - 7:30 PM	TXO Chingasos Class (Striking Class) 6:30 PM - 7:30 PM	TXO Chingasos Class (Striking Class) 6:30 PM - 7:30 PM	TXO Chingasos Class (Striking Class) 6:30 PM - 7:30 PM			
TXO Scrapping (Strikes, Wrestling & Grappling) Ages 14 & Up 7:30 PM - 8:30 PM	TXO Scrapping (Strikes, Wrestling & Grappling) Ages 14 & Up 7:30 PM - 8:30 PM	TXO Scrapping (Strikes, Wrestling & Grappling) Ages 14 & Up 7:30 PM - 8:30 PM	TXO Scrapping (Strikes, Wrestling & Grappling) Ages 14 & Up 7:30 PM - 8:30 PM			
<b>NOTE:</b> Affiliate access benefits limited to 1 day per week. Applies to the Skill-Building Classes Monday through Thursday only (marked with*). Sparring and Comp Classes are unlimited.				<b>Fight Club Fridays</b> (MMA Boxing & Kickboxing) 8:30 PM - 9:30 PM	Scan QR code to download & install the MATT App on your mobile device to register for a TXO Trial Membership. 	